



NUTRITION PROGRAM FOR THE ELDERLY

Nantucket County
Telephone: (508) 228-4647

May 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1% milk and margarine served with meals. Menu subject to change without notice.	Please make reservations and cancellations 24 hours in advance before 9:00 am.	Thank you for your voluntary \$2.00 donation per meal!	Cheese Lasagna Italian Veggies Garlic Bread Fresh Fruit	Breaded Pork w/ Gravy Mashed Potato Carrots Chilled Fruit
5 Veal Parmesan Ziti & Marinara Italian Blend Vegetables Bread Fruit Turnover	6 Swedish Meatballs Noodles Broccoli Bread Dessert Bar	7 Baked Ham Baked Potato Peas Bread Pudding	8 Mother's Day Lunch Herb Baked Chicken with Cranberry Sauce Stuffing Whipped Potato Squash Strawberry Cake	9 Roast Pork Roast Potatoes Carrots Roll Chilled Fruit
12 Pasta w/ Meat Sauce Italian Blend Veggies Italian Bread Chilled Fruit++++	13 Meatloaf w/ Gravy Whipped Potatoes Mixed Vegetables Whole Wheat Bread Chilled Fruit	14 Honey Glazed Chicken Au Gratin Potato Broccoli Honey Wheat Roll Cherry Turnover	15 Seafood Newburg White Rice Peas and Mushrooms Whole Wheat Roll Chilled Fruit	16 Beef Stew w/ Vegetables Boiled Potato Rye Bread Pudding
19 Pork Rib w/ Brown Gravy Whipped Potatoes Carrot Coins Multi-grain Bread Applesauce	20 Turkey Tetrazzini Buttered Noodles California Blend Veggies Whole Wheat Roll Pudding	21 Turkey Ham w/ Apricot Mustard Sauce Sweet Potatoes Greek Style Beans Rye Bread Chilled Fruit	22 Lemon Gingered Chicken Mashed Potatoes Oriental Style Veggies Snowflake Roll Fig Bar	23 Low Sodium Hot Dogs Mustard Packet Veggie Baked Beans Carrot and Raisin Salad Hot Dog Roll Fresh Fruit
26 Memorial Day Sites Closed 	27 Beef Stroganoff Buttered Noodles Broccoli Whole Wheat Bread Chilled Fruit	28 Happy Birthday! Orange Tarragon Chicken Red Bliss Potato Summer Blend Veggies Multi-grain Roll Birthday Cake 	29 Cheese Lasagna Italian Blend Veggies Vienna Bread Chilled Fruit	30 BBQ Beef Rib Garlic Mashed Potatoes Chuckwagon Corn Rye Bread Applesauce